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PPG Meeting Thursday February 14th 2019 WBG

Present : Saima, Sadia, Irum, Janet B, AMM.

Apologies Craig, Liam, Gary, Zamir

Irum Hameed had spoken with Group on the morning of the 14th during the coffee morning and prior to the meeting and told them he is setting up a new walking group from WBG. AMM told the group there is already a group set up by champions show the way, the lister park walkers and we should tap into existing groups that are already established and well led rather than starting from scratch.

<https://www.walkingforhealth.org.uk/content/lister-park-walk>.

We held a discussion about the future of the group, frequent of meetings given the time constraints of people. Saima is currently unable to offer more than her 2.5 hours on Thursday morning to set up and run the coffee mornings and knit and natter groups. She is happy running these and enjoys signposting and chatting to patients.

Sadia has an interest in Autism and the struggles parents and families have when there is someone in the family with autism. She would like to set up a support group for these parents and families.

AMM suggested she contact Rizwana Shaheen at Clarendon Medical Centre as they have an existing autism support group already establish who are willing to come to other venues and set these up. It was suggested we organise carers resource to attend also, for referral support of the carers and offer a carers health check at same time .

Irum is working on increasing the members of the PPG and trying to bring back the patients who were trained as health champions, although it is recognised that most of them are now working full time and have no time to commit to the practice. Irum will contact the 53 people who were trained or had previously been involved with the PPG and make a further attempt to resurrect their support.

Uzma to begin the in house survey drawn up on the back of the results analysis of the GP national survey. She will display the results on a you said we did board in the waiting area of WBG.

Next meeting Thursday 25th April